



Identifying Best Practices for Tobacco Cessation

Internally-Developed Teen Tobacco Cessation Programs Compared to Prepackaged Programs

HYSQ researchers have published a study exploring features of internally-developed teen tobacco cessation programs compared to prepackaged programs disseminated nationally. Among their findings, the HYSQ authors report that, compared to prepackaged cessation programs, those developed internally were:

- more often found in urban communities
- more likely to be offered in response to the sponsoring organization's initiative
- less likely to have program staff trained specifically in smoking cessation

The article, "Internally-developed teen smoking cessation programs: characterizing the unique features of programs developed by community-based organizations," appears in the *International Journal of Environmental Research and Public Health* special issue "Smoking and Tobacco Control."

These and other findings are available on the [HYSQ Web site](#).