

Helping Young Smokers Quit

Identifying Best Practices for Tobacco Cessation

Internally-Developed Teen Tobacco Cessation Programs Compared to Prepackaged Programs

HYSQ researchers have published a study exploring features of internally-developed teen tobacco cessation programs compared to prepackaged programs disseminated nationally. Among their findings, the HYSQ authors report that, compared to prepackaged cessation programs, those developed internally were:

- more often found in urban communities
- more likely to be offered in response to the sponsoring organization's initiative
- less likely to have program staff trained specifically in smoking cessation

The article, "Internally-developed teen smoking cessation programs: characterizing the unique features of programs developed by community-based organizations," appears in the *International Journal of Environmental Research and Public Health* special issue "Smoking and Tobacco Control."

Helping Young Smokers Quit is a national research initiative to identify, describe, and evaluate smoking cessation programs available to youth in the United States to help understand what works. This research is funded by the Robert Wood Johnson Foundation, the Centers for Disease Control and Prevention, and the National Cancer Institute. Under the direction of Drs. Robin Mermelstein and Susan Curry, the program resides at the [Institute for Health Research and Policy](#) at the University of Illinois at Chicago.

These and other findings available on the [HYSQ Web site](#).